KALYAN COLLEGE OF NURSING RAJURA
Class Test II 2021- 2022
B.Sc. Nursing First year
NURSING FOUNDATION

Duration: - 3 hour   **Maximum Marks- 75**

INSTRUCTION: 1) Use *blue/black* ball point pain only.
2) Do not write anything on the blank portion of the question paper. Rough work should not be done on the answer sheet or anywhere on the question paper except the specific space provided for the rough Work. If written anything, such type of act will be considered as an attempt to unfair means.
3) All questions are compulsory.
4) The number to the *right indicate* full marks.
5) Draw a diagram whenever necessary.
6) Distribution of syllabus in question paper is only meant to cover entire syllabus within the stipulated frame. The question paper pattern is a mere guideline. Questions can be asked from any *paper's syllabus* into any question paper. Students cannot be claim that the question is out of syllabus. As it is only for the placement sake, the distribution has been done.
7) Use common answer book for *section B*

Section A

1 Multiple Choice Question   **(13×1=13M)**

1. DAMA Means
a) Disease against Medical Advice   b) Discharge against medical advice
c) Denying medical advice   d) Diagnosed against medical advice

2. Primary Prevention is concerned with:
a) Preventing Disease or Illness occurring   b) Balanced diet
c) Maintaining current Health   d) Treatment of disease

3. According to Maslow's Hierarchy needs, first need is:
a) Physiological needs   b) Love and Belongingness   c) Self- Esteem   d) Self- Actualization

4. Serotonin is involved in chronic pain because
a) It is a way that brain & gut communicate
b) People who are depressed always have chronic pain
c) Some serotonergic activation inhibits spinal nociception
d) People who are happy never experience pain

5. Which is the first step of Nursing Process
a) Planning   b) Implementation   c) Assessment   d) Diagnosis

6. All are the comfort devices except?
a) Bed cradle   b) Sand bags   c) cardiac table   d) Dressing trolley

7. Pulse rate is...
a) Number of heart beats per minute   b) Number of heart chambers
c) Number of breaths per minute   d) Both a & c

8. What are the four main vital signs?

a) BP, O2 Sat, Temp, Pulse   b) BP, Respiration, Temp, Pulse
c) BP, Respiration, Temp, O2 Sat   d) BP, Respiration, Pulse, Pain

9. Where is temperature regulated?
a) Hypothalamus   b) Skin   c) Heat & Cold   d) By what a person wears

10. Confidentiality is dependent upon which of the following?
a) Accountability   b) Availability
c) Non repudiation   d) Integrity

11. The...... Is the person who transmits the message
a) Receiver   b) Driver
c) Sender   d) Cleaner

12. Communication is a non-stop.......
a) Programme   b) Plan
c) Paper   d) Process

13. Prolonged sleep deprivation can result in......
a) Increased anxiety   b) Impaired driving
c) Memory problems   d) All of the above

Section B

Q. 2 Essay (Any 2)   (2×10=20M)

A. Define complementary & alternative system of medicine and write in details about AYUSH Treatment.

B. Define Hospital. Enlist Types of discharge and explain any two of them and Explain medical and legal issue in nursing

C. Define restraint as a safety device. Write down types and purpose of restraint and Explain the Role of nurse in providing safe and clean environment.

Q. 3. Short Answer Question (Any 6)   (6×5=30M)
1. Write down the physiology of pain
2. Explain in details about sleep cycle
3. Invasive technique of pain management
4. Barriers to effective communication
5. Explain characteristics of nursing as a profession
6. Nursing Care of patient with rigor
7. Explain Qualities of Nurse

Q. 4. Very Short Answer Question (Any 6)   (6×2=12M)
1. Explain Qualities of Nurse Pain scale
2. Explain types of fever.
3. Process of communication
4. Causes and risk factors for developing Illness
5. Sleep disorder
6. Explain the types of reporting
7. Prevention to reduction of physical hazards

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